Choice is better than no choice

There is no such thing as failure, only feedback

See what possible when you open your mind

If you think you can, you can. If you think you can't, you're right.

Messing with your head

Does the man behind Neuro-Linguistic Programming want to change your life – or control your mind?

The lovely bones
Why are the relics of St. Thérèse such a holy hit?

Bird of paradise
Skye Gyngell's heavenly roast-chicken dinner
On the agenda

This week's need-to-knows: your next seven days won't be the same without it

Fashion

Internet shopping is great but it's always lacked the thrill of physically entering, say, a hip, spartan boutique. Thecorner.com is an online selection of mini-stores from the likes of Haider Ackermann and Maison Martin Margiela. This season, it's presenting its collections in "Portent" (main picture, right), a beautifully shot film collaboration between stylist Simon Foxton, set designer Michael Howells and photographer Nick Knight.

www.thecorner.com Harriet Walker

Film

Love is an often complicated business, and never more so than in the hands of Spanish auteur Pedro Almodóvar, whose latest, Broken Embraces, is out on Friday. Penélope Cruz (inset, right) plays a failed actress in a turn reminiscent of both Audrey Hepburn and Marilyn Monroe. In writing Broken Embraces, Almodóvar was reminded of his love of comedy. Inspired by this, his next project will be a screwball comedy about people stuck in a situation they can't get out of. Andrew Johnson

Art

"Drink Guinness for strength" the ads for this legendary drink once proclaimed - a claim the behemoth brewery no longer stands by. But 250 years on from its founding you still have to admire the brand's phenomenal advertising, which is why we're heading to The Art of Guinness exhibition (left) at the Museum of Brands, Packaging & Advertising in west London. Tel. 020 7908 0880. Adam Jacques

Books

Did you spot Alain de Botton hanging around Heathrow Terminal Five last week? The Status Anxiety author has become Heathrow's first writer-in-residence, having spent the past week interviewing baggage-handlers, pilots and passengers. De Botton has been promised creative control. "If I want to say it's a dump, I can," de Botton says. 'A Week at the Airport' (Profile Books, £8.99) is available to preorder now on amazon.

Adam Jacques

Food

If the idea of sipping wine while dining 200ft up in the air appeals, then read on. Dinner in the Sky may sound outlandish but it's gathered quite a following and, in a collaboration with California-based wine producers Ravenswood, it's in the UK on Saturday dangling from a crane above London's Covent Garden. There are few places available - we have two pairs of tickets for readers of The New Review. Simply send an email to newreview@independent.co.uk (with a contact phone number) requesting a pair, and two winners will be selected at random at noon on Wednesday. www.independent.co.uk/dinner-in-the-sky. www.ravenswoodwine.co.uk

Gardening

What urban artist Banksy has done for walls, "guerilla gardener" Richard Reynolds is doing for neglected patches of land across London. The trend, which began in New York, was brought to London by Reynolds a few years ago and he's been planting on mistreated green spaces ever since (sunflowers in Blackfriars, pictured). On Saturday, Reynolds is holding his first walking tour of 30 or so of his sites while advising budding guerrillas on how to makeover their local spaces. www.museumoflondon.org.uk. Adam Jacques