



Guerrilla restaurants are the latest word in **WHAT TOTAKE**: A bottle or two – beware, dining, darling. Those in the know have they're frequently unlicensed. already booked Reindeer in East London, a WHAT TO WEAR: Whatever you like. You pop-up' Christmas-themed restaurant and don't need to dress up but you don't want cabaret bar that will exist for 23 days only. to put people off their food either. Often run by top chefs who are creatively ETIQUETTE/RULES: Check the policy on frustrated or just want to cook for a super- bringing guests - some guerrilla exclusive clique, guerrilla restaurants can establishments are more elitist than others. be set up almost anywhere. And they rely on word-of-mouth or email bulletins to spread the news. The culinary equivalent of the '80s rave, basically

IT'S RIGHT FOR YOU IF ... You like to build up your appetite by wandering around ark streets in cool neighbourhoods.

DO SAY: 'You must give me the recipe.

And your next address. DON'T SAY: 'I'm from Health and Safety. Could I have a look at your kitchens?'

CATCH IT... From 1 to 23 Dec, The Truman Brewery, Brick Lane, London E1; 0845 094 2991 or go to www.bookthereindeer.co.uk.

It goes like this: fashion label sets up shop in vacant retail unit or arty space. The hippest of the hip flock there, the buzz builds for a week, a month, a year, and then - pouf! It's gone! American designer outlet Vacant was the first to try the concept, in 2003, opening boutiques for one month in New York. London, Paris and Berlin. Comme des Garçons has created a series of guerrilla stores across the world. They get a lick of paint and a set of clothes rails that groan with Comme goodies until they are 'disappeared' (the latest UK one is in Glasgow). Fashion mag Pop has employed a similar tactic with its Pop Shop at London's Dover Street Market. It's permanent but only sells very, very limited-edition fashion finds.

IT'S RIGHT FOR YOU IF... You have to fight the urge to go round Gap unfolding things.

WHAT TO TAKE: Your credit card. The

rents are cheap – the clothes are not. WHAT TO WEAR: £350 gold-leaf Levi's that were sold for a week in Cologne last year.

ETIQUETTE/RULES: Don't fight over the precious baubles - one swift kidney punch to the opposition is all that's required.

DO SAY: 'I'll take one of everything and sell it on eBay later.' DON'T SAY: 'Is this a garage sale

CATCH IT: See www.guerrilla-store com for details of the Glasgow Comme store and Pop Shop at www. doverstreetmarket.com.

GRAZIATREND

Guerrilla dating is more of a state of mind than a method. First defined by New York psychologist Sharyn Wolf in her book Guerrilla Dating Tactics: Armed, Dangerous And Ready For Love, it basically means seeking out and pitilessly exploiting any opportunity for a date. For example, before setting foot outside the house, you should have a sackful of small talk at the ready. Once you have someone hypnotised in the bus queue or the Fresh & Wild aisle, you can break the ice, impress them with your delightful conversation and parlay it seamlessly into a happy ever after. Wolf even recommends funerals as a ripe spot for mate-finding.

IT'S RIGHT FOR YOU IF ... You don't mind explaining how you met with the words, 'Our eyes met across a waxen corpse... WHAT TO TAKE: Every chance you get to engage a total stranger in conversation. Index cards listing interesting statistics for urgent ice-breaking situations. WHAT TO WEAR: Make-up at all times.

Agent Provocateur undies every day. ETIQUETTE/RULES: There are no rules. You snooze - or observe basic human decencies at times of deepest mourning - you lose. DO SAY: 'I'm sorry - I thought I recognised you from my art class. Are you absolutely sure we haven't met...?' DON'T SAY: 'The last person I met in this hospital emergency room had a huge...

CATCH THE NEXT EVENT: You are the event, darling - it's up to you.







perfect outfit but this, ladies and gentlemen, is undoubtedly one of them.

ETIQUETTE/RULES: Know your

DO SAY: With a catch in your voice

'Ah, Kipling... Our England is a

more than meets the eye!'

DON'T SAY: 'You know, it would be a lot easier if we just

CATCHTHE NEXT EVENT: It could be literally just round the

corner. Buy a spade, log on to www.

guerrillagardening.org and get digging!

armacked over this."

garden that is full of stately views.

But the Glory of the Garden lies in

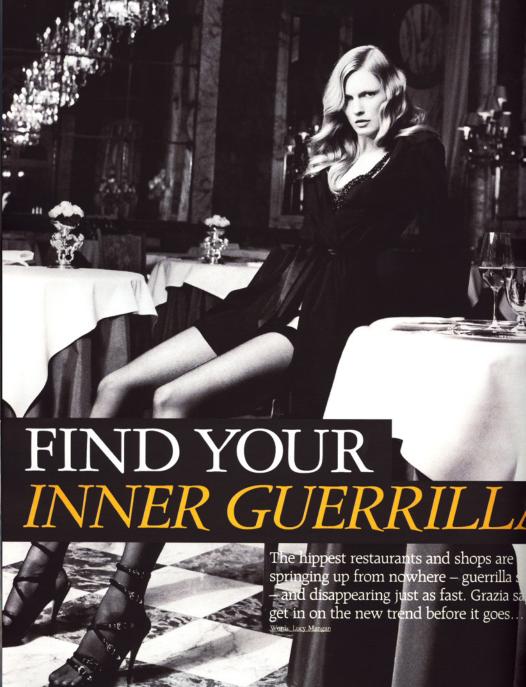
triffids next door.

weeds. Grown men will cry if you pull

up an entire batch of lovingly nurtured begonia semperflorens instead of the







Meg Mathews: 'My rehab diary'

orced into

prostitution

Now he says: 'You need serious help'

Inside baby David's

mazing new world

