

SHOPZILLA THE WOMEN BUYING NEXT SEASON'S FASHION NOW
HELLO MUM WHY DON'T MEN CALL THEIR MOTHERS?
VITAMINS THE TRUTH ABOUT WHAT REALLY WORKS



bring it on

THE 50 HOTTEST THINGS TO DO THIS SUMMER

style

THE SUNDAY TIMES

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From left, Angela wears sequined top and fluoro skirt by Beyond Retro; clown hat from Angels. Jo wears vest by Thomas Burberry; trousers by Paul Smith; sequin visor by Rokit

IBIZA

BY GEMMA SOAMES

Ah, Ibiza. It's the gift that just keeps on giving. Here's what not to miss this year.

*** OPENING PARTIES** We Love Sundays at Space, June 15 Ibiza's biggest night celebrates its 10th birthday. No doubt about it, this will be the big one. welove-music.com

Amnesia, June 7 Fed up with its snooty service, the VIPs (along with Pete Tong and Jade Jagger) have left Pacha, and our tip for this summer's clubbing tops is Amnesia. amnesia-ibiza.com
IMS, May 30 Ibiza hosts its first International Music Summit over one weekend (a smaller version of Miami's Winter Music Conference). The big night is Friday, with Pete Tong and Rob da Bank. internationalmusicsummit.com

Aura, June 9 Jade, Sienna and James Blunt head to this bar on the north of the island to get away from the sweaty masses. It reopens this year after a revamp. auraibiza.com

*** POSH PARTIES** Sol Den Serra private beach is the place to be, thanks to the arrival of the Mahiki Beach Club in mid-June and Boujis' private party for 500 on August 25. Last year, this was host to so many of the credit-card flashers (Jacquetta Wheeler, Mario Testino and, erm, Tara Reid among them) that the island's VIP areas emptied for the night.

*** PRIVATE PARTIES** New licensing laws mean clubs will close between 6am and 4pm (no more breakfast at DC10, then), so when morning comes, it's all back to the villa. The last summer party of the season was banker Max Gottschalk's rave-up, organised by deliciouslysortedibiza.com, with music by David Guetta — and rumour has it they're set for a rerun. Not only that, we have received intelligence that the Diamond Club (infamous Ibizan villa party people) will be at it again this summer. The date will be released just days before, the location on the day. Keep tabs on thediamondclubibiza.com.

HOW TO STAY AT HOME

BY ALEX JAMES

I only ever want to be at home, and what's making me disproportionately excited this year is that I'm going to buy a machine like they have in kebab shops — a gas rotisserie grill. I'm going to put it where the barbecue used to go.

I got the idea after visiting the Bahrain Grand Prix a few weeks ago. I was at a party given by the Crown Prince: he had everything — you could even see the royal ship from the palace gardens. It was an amazing do, with guests including Eric Clapton and Abba, but the only thing I was interested in was his kebab machine at the back of the garden.

You could have all kinds of fun making your own kebab, and the machines only cost about £300. The kids are going to love it — it might look horrible, but you can just hoik it out of the shed and into the garden when you want. Then all you need is a DJ, and you can swan around like the Crown Prince of wherever.

DO SOMETHING SPORTING HOST A PARTY FOR EURO 2008

JUNE 7-29

England may not have qualified, but you can still enjoy the football — and the legs. Sit back and savour Europe's finest sweating it out without minding who wins. The line-up: **Top totty** The tournament's best-looking and best-dressed are the Italians. Pay particular attention to captain, Fabio Cannavaro, and forward Luca Toni. Also watch Thierry Henry va-va-voom for France, alongside Philippe Mexès — a potential winner of Euro 2008's best haircut. **Their Wags** Forget Posh, Coleen and Cheryl. There's a new Waggle in town, headed up by former Miss Spain Eva Gonzalez (girlfriend of the Spanish goalkeeper Iker Casillas.) Dutch actress Sylvie van der Vaart (wife of free-kick expert Rafael van der Vaart) and Radka Kocurova, runner-up Miss Czech Republic 2002 and girlfriend of Arsenal's Tomas Rosicky.

PLAY BIKE POLO AUG 16-17

At Johnstone Wheelers Cycle Club in Glasgow. This particular bike polo team came into existence after a drunken chat in a pub. Take part and find out what all the fuss is about. oakendenpedallers.co.uk

RUN ACROSS THE WORLD (RAW) AUG 4

You'll need a sturdy pair of trainers for this.

Summer colours
 Nails Inc yellow,
 green and
 purple nail
 varnishes,
 £9.50 each



The British leg of the huge global marathon starts in Stratford and comprises 250km over five days. Complete it and you'll qualify for the one in the Arctic next year. runacrosstheworld.com

SWIM WILD SEPT 6

Celebrate the end of summer by enrolling in a charity swim in the Lake District. Hosted by the Outdoor Swimming Society and run by the author Kate Rew, the event is open to anyone over 12 years old, so jump in. As long as you can stay afloat for 2km-5km, that is. outdoorswimmingsociety.com

SURF THE SOUTH COAST

Cornwall is so crowded these days. Surf's up in Bournemouth instead: an artificial reef is about to be completed, doubling the size of its surfing waves. bournemouth.gov.uk

GO GUERRILLA GARDENING

Pick up a copy of Richard Reynolds's book on the art of stealthily making over crisp-packet-strewn urban spaces. Exercises your muscles and your conscience. *On Guerrilla Gardening* (Bloomsbury £15)

GO BOATING

Sail the Norfolk Broads in style with poshboats.co.uk (hotel slippers, champagne and Molton Brown goodies on board); go speedboating on the Thames James Bond-style with londonribvoyages.com; or, if you're having a Boris Johnson moment, head to Henley Regatta (July 2-6; hrr.co.uk), for the biggest collection of fops this side of Parsons Green. □